**William S. Middleton Memorial**

**Veterans Hospital**

**VETERANS HEALTH ADMINISTRATION**

**Great Lakes Health Care System**

2500 Overlook Terrace

Madison , WI 53705-2286



**Veteran’s Exercise Study on Pain**

The Department of Veterans Affairs is conducting a study aimed at understanding brain function of pain and the impact of weight-training exercise in **Gulf War (1990-1991)** veterans with **Chronic Muscle and Joint Pain**

We are asking for patient volunteers to participate in a 16-week exercise study, with follow-ups at 6 and 12 months, conducted at the Madison VA Medical Center and the University of Wisconsin – Madison.

Volunteers for this study may be asked to take part in a 16-week weight-training program with a personal trainer. We will be assessing responses to **painful heat stimuli** on multiple occasions and while undergoing **functional brain imaging scans**.

Volunteers who successfully complete the study will receive up to **$525** for their time and effort and will be awarded a **$300 membership** to a gym in their local area. Volunteers will also be eligible for various fitness equipment prizes.

If you wish to participate, please leave your name, phone number and mention “**Veteran’s Exercise Study on Pain**” at:

**608-262-2457**

**WE NEED YOUR HELP!**